Reading Well Books on Prescription: Protocol for booklist selection

Background and context

In order to facilitate the transition from localised Books on Prescription delivery to a standardised shared approach, the first year of the Reading Well scheme (2012/13) used a book selection protocol focused on existing best practice and expert advice.

This approach helped to facilitate uptake of the new scheme. The aim was to build on existing knowledge, delivery models and book stock in libraries, while local commissioning and funding models were developed to take the project forward.

Now Reading Well Books on Prescription is established, the book selection protocol has been revised to encompass wider stakeholder engagement, including service users, and the consideration of newer as well as established titles. The Reading Well Books on Prescription book selection protocol is reviewed on an annual basis and for each new programme within the scheme.

This document is available through the Reading Agency resources website, but if you would like to access the individual book selection protocols for previous schemes please email readingwell@readingagency.org.uk.

Standard book selection protocol

The process will include:

- An evidence review related to the type of conditions/target audience for the list. Where possible, the review will stress the alignment between the list and contemporary NICE clinical guidelines
- This evidence will be published at: http://readingagency.org.uk/readingwell/evidencebase
- An analysis of thematic areas and titles featuring in existing library/health partner booklists/collections relating to the specified area of focus
- National stakeholder consultation to identify other recommended titles for consideration
- Summary list of recommended titles frequently or often used in existing lists/collections
- Expert consultation to produce a long list of recommended titles, including information about content and accessibility, where possible
- Review of the long list by expert group, with reference to the evidence base identified and accessibility/suitability of content to create shortlist
- Publisher call for submission of newly published titles for consideration

- Shortlist of up to 50 titles plus any recently published titles reviewed by expert group to include service user /carer representation
- Final revision of the list following checking of publication details and availability, including formats
- Final consultation and evidence base review of shortlist with key stakeholders
- Endorsement of list by key partners

Selection criteria applied

Material will:

- Comply with the evidence based approach agreed for the list
- Draw on existing best-practice local and national delivery models
- Have been recommended by health professionals as part of the consultation process as a useful, appropriate and accessible resource for people managing these conditions
- Have been recommended/endorsed by service users/patients
- Be in print and remain so for the three year duration of the list
- Where possible, be available in other formats

In addition to the selection criteria identified above, the following considerations are applied to the selection of Reading Well Books on Prescription lists:

- Material should be relevant to people with the targeted condition and family/non-professional carers
- Material aimed at a professional clinical audience, i.e. clinical textbooks and manuals, will not be considered for core lists although they may be included on a separate professionals' list
- Core book lists should cater for a range of literacy levels, and reading abilities
- Content should be written either by experts by profession or with lived experience

Health Experts Group

The Reading Well Books on Prescription Health Experts Group consists of respected professionals representing key stakeholder organisations and partners. No fees will have been paid to individual members to support their involvement in the project and they will have no declared interest in any of the books selected. A protocol for dealing with potential conflicts of interest will be agreed and adhered to.

No publishers will be consulted or have any input into the book selection process once they have submitted titles for consideration.

Membership includes:

- Dr Paul Blenkiron, Royal College of Psychiatrists
- Dr Mark Haddad, Senior Lecturer in Mental Health, representing Royal College of Nursing
- Prof Graham Turpin, Emeritus Professor of Clinical Psychology, University of Sheffield
- Prof Neil Frude, Welsh Books on Prescription Scheme

- Elaine Iljon Foreman, The British Psychological Society
- Dr Elizabeth England and Dr David Paynton, Royal College of General Practitioners
- Debbie Hicks, The Reading Agency

Dementia Experts Group 2014/15

In addition, specialist groups will be developed to support targeted list development. This includes the Reading Well Books on Prescription for dementia group. There is cross-representation between this group and the Health Experts Group to ensure an integrated development plan for the overall programme. The Dementia Group includes:

- Janet Baylis, Alzheimer's Society
- Cath Burley, The British Psychological Society
- Anna Buckell, The British Psychological Society
- Deirdre Bonner, Royal College of Psychiatrists
- Nada Savitch, Innovations in Dementia
- Prof Graham Turpin, Emeritus Professor of Clinical Psychology, University of Sheffield
- Debbie Hicks, The Reading Agency
- Keith Oliver, The Forget Me Nots

The selection panel also worked with Innovations in Dementia to engage service user and carer groups in the selection of titles.

Children and Young People's Experts Group 2015/16

- Prof Graham Turpin, University of Sheffield
- Dr Paul Blenkiron, Royal College of Psychiatrists
- Dr Chrissy Boardman, Royal College of Psychiatrists
- Katrina Jenkins, Mental Health Foundation
- Simon Howes, Public Health England
- Megan Crawford, CAFPEB young people's representative, Royal College of Psychiatrists • Sue Ball, ASCEL
- Dr Jenny Griffiths, BPS
- Dr Hannah Whitney, University of Reading
- Dr Zoe Ellison-Wright, Dorset University NHS Foundation Trust
- Steven Pryse, Pickled Pepper Bookshop
- Debbie Hicks, The Reading Agency
- Gaynor Aaltonen, The Reading Agency
- Rose Vickridge, The Reading Agency

Long term conditions Experts group 2017

- Owen Brigstock-Barron, Public Health England
- Cheryl Berry, Self Management UK
- Ursula James, NHS England (IAPT)
- Dr Paul Blenkiron, Royal College of Psychiatrists
- Alexia Casale, author
- Holly Case, Health Education England
- Katie Clarke-Day, Coalition for Collaborative Care
- Professor Paul Farrand, University of Exeter
- Dr Mark Haddad, Royal College of Nursing
- Alison Marsh, Royal College of General Practitioners
- James Nicol, SCL Library Health Group
- Mandy Rudczenko, Coalition for Collaborative Care
- Ella Snell, The British Library
- Professor Graham Turpin, University of Sheffield

A robust coproduction model will also underpin the development of all of the Reading Well Books on Prescription schemes.

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