

Stay Connected! Reading Friends Toolkit

Reading suggestions

These resources are working documents and we would very much welcome your thoughts and input during this changing and challenging time.

- The [Reading Agency hub](#) contains resources across all The Reading Agency's programmes.
- [Mood-boosting Books](#) is a national collection of uplifting stories.
- [Reading Groups for Everyone](#) have lots of reading group guides for books.
- Children's booklists are be found on the [Chatterbooks resources page](#).
- Some lighted-hearted articles including the re-writing of [first lines](#) and [last lines](#) of classic novels for social-distancing Literary Hub. Let us know if you see anymore!
- Find a children's book to read in the [Summer Reading Challenge's book sorter](#).
- Read how [indie booksellers](#) are offering story time streams, discounts and even phone calls.
- Have a look at the [BBC 100 Novels that Shaped our World](#) to inspire reading choices and also find out more about some of the authors.
- *Hope In The Dark* and *A Paradise Built in Hell* by Rebecca Solnit both talk about how communities come together in crises and how uncertain times can inspire hope.
- Guardian article called [Don't panic: the best books to help survive a crisis](#) or an article by [People](#) of their best books.
- [Self-management](#) for health and wellbeing from our Reading Well programme
- The Reading Well [Adult Mental health list](#) can help people who may be feeling anxious or worried.
- The [Reading Well for children list](#) can help children and families who may be feeling anxious or worried.
- A book list for [Long term health conditions](#) from our Reading Well programme could be useful for helping those self-managing their own conditions.
- [Overcoming Health Anxiety](#) on the Reading Well list might be useful during this uncertain time. It can be borrowed as an e-book.
- [Reading Well for dementia](#) could also be a useful list if you're working with anyone living or caring for someone with dementia.
- *Somebody I used to know* by Wendy Mitchell and *Dear Alzheimer's* by Keith Oliver for first-hand experiences of living with dementia.
- Any other suggestions we can add?

Stay connected on social media

Reading Friends Twitter: @ReadingFriends_

Keep up to date with The Reading Agency news @readingagency on [Instagram](#), [Facebook](#) and [Twitter](#)

Feedback

- Is there anything we could provide to help during this time?
- What would be useful for you?
- Are there any ideas you'd like to share?
- Are you doing or planning anything which you could share with everyone?
- Does your organisation have any different or interesting ways of keeping people connected?

Please email readingfriends@readingagency.org.uk if you have any ideas or suggestions.