

Session idea

The Seasons: Spring

What it is

Sharing conversation, experiences and feelings about spring.

How it works

- ☞ **Talk about** what spring means to you and what you associate with this season – e.g. spring flowers, spring cleaning, Easter, lighter evenings. What do you like doing in spring?
- ☞ **Read together** excerpts from favourite books, stories and poems about spring including *The Trees* by Philip Larkin, *Home Thoughts from Abroad* by Robert Browning and *Daffodils* by William Wordsworth.
- ☞ **Sing** spring-inspired songs together, including *Tulips in Amsterdam* by Max Bygraves or *Here Comes the Sun* by The Beatles.
- ☞ **Have fun** by making a list of everything you can think of to do with spring. Chat about each item as you add them to the list.
- ☞ **Look at** the plants in the Foraging resource and see what you know about them.
- ☞ **Listen to** Vivaldi *The Four Seasons: Spring, April in Paris* (lots of versions) and *April Love* by Pat Boone.

How did it go?

- Take photos to capture the session and (with permissions) share them on social media.
- Get feedback about the session.
- Think about what worked well, and anything you would change.
- Keep each session plan plus feedback notes for future use and for sharing with other Reading Friends projects.



This session can be adapted for group or one-to-one sessions

✓ Tips

Make the pictures as clear as possible for people to see – maybe scan them to A4 or A3 size. You could make several copies so that people each have one to look at.

Likewise, make copies of poems and stories etc. so that the text is clear and good-sized.

✓ Resources

See our Spring resource pack and Foraging guide for discussion ideas, book suggestions, poems and song lyrics.

Use your local library and archives centre for books, pictures, and reminiscence resources. They will be able to help you find materials for your themed sessions.

Useful website <https://www.metoffice.gov.uk/weather/learn-about/weather/seasons/spring/spring-facts>