

Reading Well mental health list (2018): Protocol for book selection

Background and context

In order to facilitate the transition from localised Books on Prescription delivery to a standardised shared approach, the first year of the Reading Well scheme (2012/13) used a book selection protocol focused on existing best practice and expert advice.

This approach helped to facilitate uptake of the new scheme. The aim was to build on existing knowledge, delivery models and book stock in libraries, while local commissioning and funding models were developed to take the project forward.

Now Reading Well Books on Prescription is established, the book selection protocol has been revised to encompass wider stakeholder engagement, including experts with lived experience, and the consideration of newer as well as established titles. Publisher submissions are accepted for consideration but publishers are not involved in the selection of materials for the list. The Reading Well Books on Prescription book selection protocol is reviewed on an annual basis and for each new programme within the scheme.

This document is available through the Reading Agency resources website, but if you would like to access the individual book selection protocols for previous schemes please email readingwell@readingagency.org.uk

Standard book selection protocol

The process will include:

- An evidence review related to the type of conditions/target audience for the list. Where possible, the review will stress the alignment between the list and contemporary NICE clinical guidelines
- This evidence will be published at: <http://readingagency.org.uk/readingwell/evidencebase>
- An analysis of thematic areas and titles featuring in existing library/health partner booklists/collections relating to the specified area of focus
- National stakeholder consultation to identify other recommended titles for consideration
- Summary list of recommended titles frequently or often used in existing lists/collections

- Expert consultation to produce a long list of recommended titles, including information about content and accessibility, where possible
- Review of the long list by an expert group, with reference to the evidence base identified and accessibility/suitability of content to create shortlist
- Publisher call for submission of newly published titles for consideration
- Shortlist of up to 50 titles plus any recently published titles reviewed by expert group to include service user/carer representation
- Final revision of the list following checking of publication details and availability, including formats
- Final consultation and evidence base review of shortlist with key stakeholders
- Endorsement of list by key partners

Selection criteria applied

Material will:

- Comply with the evidence based approach agreed for the list
- Draw on existing best-practice local and national delivery models
- Have been recommended by health professionals as part of the consultation process as a useful, appropriate and accessible resource for people managing these conditions
- Have been recommended/endorsed by service users/patients
- Be in print and remain so for the three year duration of the list
- Where possible, be available in other formats

In addition to the selection criteria identified above, the following considerations are applied to the selection of Reading Well Books on Prescription lists:

- Material should be relevant to people with the targeted condition and family/non-professional carers
- Material aimed at a professional clinical audience, i.e. clinical textbooks and manuals, will not be considered for core lists although they may be included on a separate professionals' list
- Core book lists should cater for a range of literacy levels, and reading abilities
- Content should be written either by experts by profession or with lived experience

Book selection panel

The book selection panel for Reading Well Books on Prescription for adult mental health conditions (2018) was made up of a range of experts by profession and experience. Selection of titles is also influenced by a co-production group of people with lived experience of mental health, facilitated by the Coalition for Collaborative Care.

All those involved in book selection are required to raise any conflicts of interest with regards to individual titles, and as a result are not involved in selection of titles in areas where a conflict of interest exists.

The book selection panel for the development of the Reading Well Books on Prescription for adult mental health (2018) list are as follows:

- Amanda Rudczenko, Coalition for Collaborative Care
- Anne Ballard, Patient Information Forum
- Annie Robinson, The Reading Agency
- Bhavna Jani, British Psychological Society
- Daniel Livesey, Health Education England
- Debbie Hicks, The Reading Agency
- Deena Maggs, The Kings Fund
- Elaine Iljon Foreman, British Psychological Society
- Professor Graham Turpin, Expert health consultant for Reading Well Books on Prescription
- Huma Munshi, Mind
- Ian Silver, Self Management UK
- Katie Clarke-Day, Coalition for Collaborative Care
- Lynne Livingstone, Royal National Institute of Blind People (RNIB)
- Dr Lucy Maddox, British Association of Behavioural and Cognitive Psychotherapies
- Dr Mark Haddad, Royal College of Nursing
- Dr Neil Frude, Books on Prescription Wales
- Dr Paul Blenkiron, Royal College of Psychiatrists
- Professor Paul Farrand, University of Exeter
- Professor Peter Haddad, University of Manchester
- Lily Makurah, Public Health England
- Lydia Grace, Mind
- Rebecca Gill, Improving Access to Psychological Therapies (IAPT)
- Rosie Walworth, The Reading Agency
- Ruth Simmonds, Mental Health Foundation
- Sorrelle Clements, the Society of Chief Librarians
- Suzanne Farrell, Public Health England
- Ursula James, Improving Access to Psychological Therapies (IAPT)